

QUITLINE SERVICES AT A GLANCE



Quitline: Quitline Advisors offer free advice and non-judgmental support to help your patient quit smoking. Call backs are also scheduled. Phonelines are open 8am-9:30pm weekdays and 10am-7:30pm Sundays.
0800 778 778



Quit Blogs: Patients can join the blog community and get support from others who are also quitting smoking.
www.quit.org.nz/blog



Quit Stats: They can see how much money they're saving with their very own real-time Quit Stats.
www.quit.org.nz



Txt2Quit: Patients can join Txt2Quit and we'll send them quitting tips and support straight to their mobile phone.
www.quit.org.nz



Quit Plan: They can create their own Quit Plan to help them on their quitting journey. They can follow the steps online or talk to an advisor on the phone.
www.quit.org.nz or 0800 778 778



Nicotine patches, gum and lozenges: Patients can order subsidised Nicotine Replacement Therapy over the phone and online.
www.quit.org.nz or 0800 778 778

REFERRING TO QUITLINE

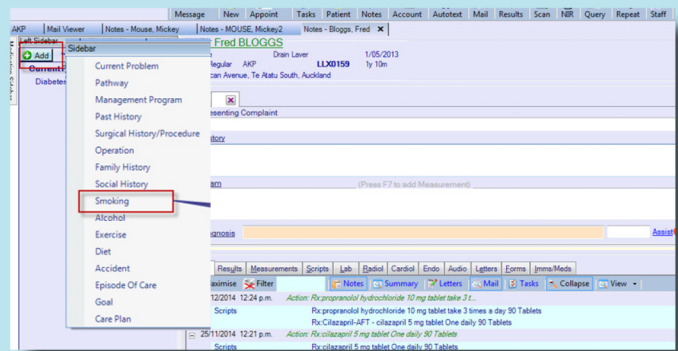
Referring patients to Quitline via the myPractice system offers a quick and effective way of ensuring your patient gets expert smoking cessation support. Quitline services are free, and patients can access them via telephone, text or online. Research shows that people who use Quitline are five times more likely to successfully quit smoking than those who quit alone.

- Quitline is a free national service with proven efficacy (24.2% of clients remain quit at 6 months)
- Quitline advisors work with smokers to create a quit smoking plan
- Patients can receive extra support through a text messaging system
- Patients can also order subsidised Nicotine Replacement Therapy over the phone and online
- Quitline phones are open 8am-9:30pm weekdays and 10am-7:30pm Sundays.
- The online service and blog community is accessible 24/7 at www.quit.org.nz
- Quitline systematically offers patients a referral to a face to face provider in their community

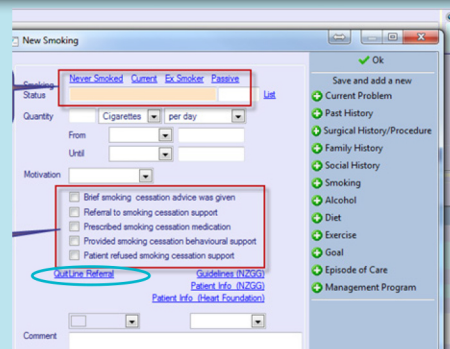
How to Refer Patients to Quitline for Cessation Support via the myPractice PMS

The quickest and easiest way to ensure your patient gets the best support to quit

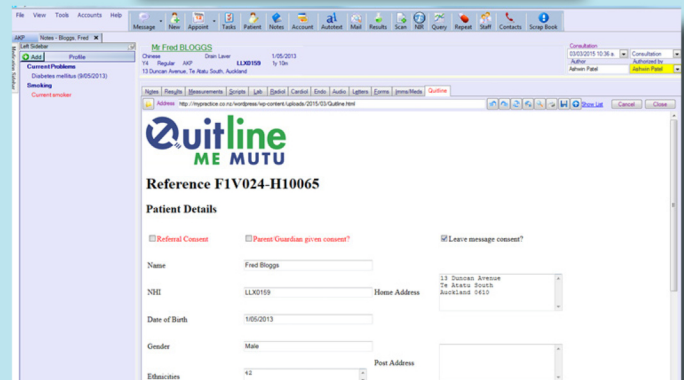
With the patient record open click 'add' and select 'smoking status' from the sidebar.



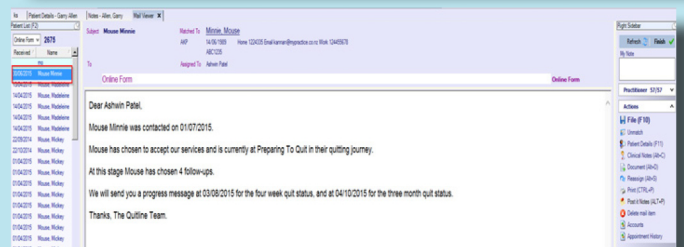
1. Select the smoking status of the patient.
2. Tick the appropriate intervention boxes which will automate the smoking cessation Read Codes.
3. Click 'Quitline Referral' to display the referral form.



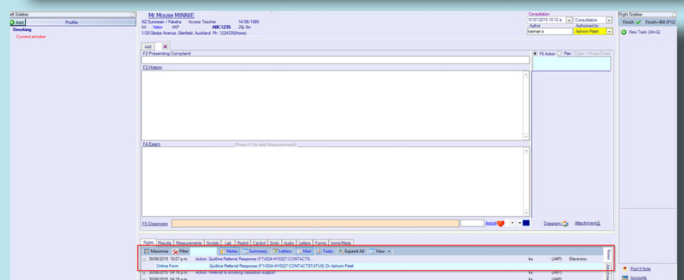
The referral form will load with the fields pre-populated from the patient record. You will also see that 'smoking status' has been added to the patient profile. Please ensure that the 'consent' boxes are ticked.



Once the form has been submitted, Quitline will contact the patient within 3 working days and offer them our 3 month treatment programme, incorporating our phone, online and text services.



You will receive referral feedback reporting into both your myPractice inbox and the patient record. This feedback information includes the patient's contact status and their 4 week and 3 month quit status which records automatically for the health targets.



For more information about Quitline visit www.quit.org.nz
For information about a referral you have made, email referralenquiry@quit.org.nz

